



## Green Glow

An urban escape in the form of a rooftop garden spa may just be the perfect antidote to soothe year-end nerves. If you work near or at the new biopolis One North, trot down to The Aspara Garden Spa perched hill-top at the NTU Alumni Club for your convenient de-stress kit. Signature treatments include the Aroma Meridien Massage combining basic acupressure techniques with deeply relaxing touch therapy.